

Phone Usage Survey

Instructions: Please answer the following questions about your smartphone usage habits.

1. Do you regularly use a smartphone (e.g., iPhone or Samsung Galaxy or Google Nexus or similar)?

- Yes
- No

What brand of smartphone do you use?

2. How long have you owned your smartphone?

_____ years
_____ Not applicable

3. For which of the following activities do you ever use your mobile phone for? (Check all that apply)

- Phone calls
 - Text messaging
 - Shopping
 - Banking
 - Emailing
 - Exercising
 - Social networking (e.g., Facebook)
 - Navigating with maps (e.g., finding a store)
 - Entertainment (e.g., movies, games)
 - Other _____
-

4. Where do you normally keep your mobile phone when you are at home? (Check all that apply)

- Trousers/pants pocket
 - Jacket/shirt pocket
 - Handbag
 - Shoulder bag
 - Table at home
 - Near your bed (e.g., nightstand)
 - Other _____
-

5. If you currently work, where do you normally keep your mobile phone when you are at work? (Check all that apply)

- Trousers/pants pocket
 - Jacket/shirt pocket
 - Handbag
 - Shoulder bag
 - Table at work
 - Table at home
 - Other _____
 - Not applicable
-

6. Where do you normally keep your mobile phone when you are in a car? (Check all that apply)

- Trousers/pants pocket
 - Jacket/shirt pocket
 - Handbag
 - Shoulder bag
 - In a car compartment (e.g., cup holder)
 - Other _____
-

7. Where do you normally keep your mobile phone when you walk? (Check all that apply)

- Trousers/pants pocket
 - Jacket/shirt pocket
 - Handbag
 - Shoulder bag
 - Table at work
 - Other _____
-

8. Have you used your smartphone for tracking your health?

- Yes
- No

Please list the applications that you use to track your personal health measures:

9. What is your sex? Male Female

10. What is your age?

- | | |
|-------------|-------------|
| 31-40 Years | 61-70 Years |
| 41-50 Years | 71-80 Years |
| 51-60 Years | 81-90 Years |
| Other | |
-

11. What is your race?

- | | |
|---------------------------|---|
| White | Native Hawaiian or other Pacific Islander |
| Black or African-American | American Indian or Alaska Native |
| Hispanic | Some other race (please list) _____ |
| Asian | |