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Front Porch Awarded Grant from AARP Foundation for The Telewellness Project

The Telewellness Project will develop a toolkit to help senior affordable housing providers build sustainable and long-term telehealth programs.

GLENDALE, Calif. February 1, 2021 – The Front Porch Center for Innovation and Wellbeing (FPCIW), part of Front Porch, a not-for-profit organization serving individuals and families through full-service retirement, active adult and affordable housing communities, announced today it received a grant from AARP Foundation for "The Telewellness Project."

The Telewellness Project will produce an AARP Foundation co-branded toolkit designed to help senior affordable housing providers build mental wellness programs using consumer-based technologies to support residents living with anxiety, depression, loneliness, and social isolation. While these conditions have been further compounded by the COVID-19 pandemic, the project recognizes the ongoing need to build sustainable programs and services.

"Overall, the toolkit will help affordable housing providers connect with and assess locally available and community-based resources," said Davis Park, vice president of the FPCIW. "It will also promote staff and resident adoption strategies, explore community and staffing readiness, and leverage available clinical and community services."

During a 12-month period, the Telewellness Project will deploy a demonstration pilot to validate the toolkit's framework and content with affordable housing communities managed by Front Porch subsidiary CARING Housing Ministries (CHM) and to design and implement the initiative as the basis for replication among other providers. The pilot will also partner with SSG SILVER, a southern California nonprofit organization providing linguistically and culturally appropriate care management services.

After completion of the toolkit, FPCIW will work with AARP Foundation to disseminate the resource to a national audience of senior housing and service providers. Additionally, FPCIW will share the resource through its multiple distribution points including FPCIW's library of innovations reports, social media channels, virtual conference presentations and network of affordable housing partners.

"We are grateful to be collaborating with AARP Foundation to find innovative new ways to expand access to vital mental wellness services for vulnerable older adults, particularly in the midst of this pandemic," said Kari Olson President of the FPCIW. "We are also excited to share these tools with other organizations with the hope that as many as possible can benefit from these new emerging approaches."

Drawing upon nearly a decade of telehealth program experiences primarily serving older adult residents of affordable housing communities, and a successful 2016 pilot study that has today expanded to multiple locations, FPCIW will design and distribute a set of best practices in this toolkit for other providers to establish technology-based behavioral health and wellness programs in their own communities.

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About the Front Porch Center for Innovation and Wellbeing

The Front Porch Center for Innovation and Wellbeing (FPCIW) is part of Front Porch, one of Southern California's largest not-for-profit providers of retirement living, active adult and affordable housing communities. In collaboration with innovative partner organizations, the FPCIW pilots innovative solutions to solve real-world problems and meet the needs of older adults. Learn about FPCIW's work by reading its impact stories. The FPCIW is the signature program of Humanly Possible®, Front Porch's commitment to cause-based innovation and dedication to doing everything humanly possible to creatively meet needs now and in the future. For more information visit www.fpciw.org.

About Front Porch

Front Porch is a not-for-profit organization based in Glendale, Calif., serving individuals and families through full-service retirement, active adult, and affordable housing communities. Front Porch retirement communities offer options ranging from independent living to skilled care, including assisted living and memory care. Front Porch holds an A credit rating from FitchRatings and an A- credit rating from Standard & Poor's. Founded in 1999, Front Porch embraces a leading-edge approach to enhancing well-being with innovative communities and programs that meet the changing needs of people as they age.

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